

Department of Kinesiology  
Adapted Physical Activity Program

KINE 589 Internship in Kinesiology

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Office hours: by appointment

Meetings Times will be online and 3 physical meetings prior to the trip. Time and room TBA

**Course Description:**

Students enrolled in this course will have an opportunity to work with teens, young adults and teachers in the context of a different country. Focus is on promoting physical activity and sport to individuals with disabilities. Students will plan and implement a variety of physical activity lessons for students from a different country. A “universal design” to instruction will be implemented to insure students of all abilities and languages will be included.

**Course Objectives**

Dept SLO	Course Objective	Method of Assessment
Content Knowledge – knowledge of disciplinary concepts related to the field of Kinesiology	Know a variety of disabilities and their implications for programming physical activity	Pre-trip disability content knowledge assessment.
Communication – effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity	Communicate effectively with children with limited communication skills.  Communicate effectively with professionals from the camp.  Communicate effectively with the media regarding physical activity experiences	Media Interview  Reflection paper
Reflection and Critical Thinking – reflection & critical thinking to refine professional practice	Evaluate effectiveness of lesson from daily activities and make appropriate adjustments	Daily lesson plan reflections  Daily debriefing meeting summary notes
Programming and Assessment – evidence-based knowledge and skills for assessing client/student needs and for designing, implementing and evaluating programs.	Plan activities for individuals with disabilities ages 10-18.  Assess activity effectiveness for children with disabilities ages 10-18.	Lesson plans

Professionalism – professional behaviors, including commitment to excellence, valuing diversity and collaboration, service to others and techniques for lifelong learning.	<p>Demonstrate professional interactions with all international professionals.</p> <p>Maintain an open and accepting attitude about cultural and individual differences</p> <p>Provide enthusiastic service to children from another culture via effective instruction</p>	<p>Language &amp; culture pre-post evaluation and reflection</p> <p>Professionalism during Camp</p>
Value Physical Activity and Fitness – Students will articulate a philosophy that physical activity program are important	Express the value and importance of physical activity to teachers, family members, and children through sharing of ideas	Final physical activity lesson book to be presented to Program Directors

## References

Assignments (Criteria for each assignment will be distributed separately):

1. Pre-Post cultural and disability evaluation
2. Lesson Plans for Family and Teacher Workshops (number TBA)
3. Program Excursion Journal
4. Final reflection paper
5. Program evaluation

session	Topic	Due
Online	<p>Syllabus, Schedule, Attitudes survey, needs assessment</p> <p>Passports, waivers, etc.</p> <p>Personal bios</p> <p>Ticket purchase</p> <p>Orientation</p> <p>Begin planning of workshops</p>	<p>Bio</p> <p>Copy of insurance</p> <p>Copy of passport</p> <p>Articles presentations</p>
Online	<p>Slides of Country region, locations of camp and maps</p> <p>Presentation of articles on disability</p> <p>Lesson planning for first session</p>	Lessons Due

Online	Activity practice, adaptations and variations Finalize equipment list – Packing list	Final copies turned in for notebooks
June 3 <sup>rd</sup>	Leave for Italy	Final activities due

Schedule and Emergency Information  
Reggio Emilia, Italy  
June 2020

General Contact and Transit information

Transit to housing from airport: Train to Reggio Emilia then Giacomo and GAST employees will pick us up.

Contact person in Italy:

Giacomo Cibelli

Cell: +393311959077 Email: Giacomo Cibelli Gast <g.cibelli@gastonlus.org>

GAST school: Via Gandhi, 6 in Reggio Emilia, Italy; +331 8776207

Risk Management Guidelines:

The [U.S Embassy in Rome](#) is located at Via Vittorio Veneto, 121, 00187 Roma RM, Italy; telephone [+39 06 46741](#); If you are an American citizen with an after-hours emergency in Rome or Florence, or calling about someone who is in these consular district, please call the switchboard in Rome at 06-46741 (from within Italy) or 011-39-06-46741 (from the U.S.).

The first day of the on-site orientation will cover emergency and contingency planning information for students:

1. All students will be given an emergency card to put in their wallet with the following information:
  - The faculty director's Italian cell phone number and Giacomo Cibelli's Italian cell phone number, which can be used 24 hours per day.
  - U.S. Embassy contact information
  - Location of the nearest medical facility
  - Phone number for a local taxi company
  - Meeting place in case of serious emergency
2. If students become ill or injured, they are instructed to contact the faculty director immediately, and to also take a taxi to the nearest medical facility. Information on how to use their medical insurance cards will be explained on the day of orientation, as well.
3. Students will be given a meeting place (to be determined by the Giacomo Cibelli) and instructions on what to do if a national or international emergency, political issue or act of God arises. A meeting place will be determined for each field trip, as well.
4. In the event of a serious national or international emergency, the faculty director will account for all students' safety and wellbeing, and will give an update to the Study Abroad office at CSU, Chico as soon as humanly possible. The Study Abroad Office will then communicate with students' families and the campus at large.

Daily Schedule

Wednesday June 3<sup>rd</sup> 2020

TBD	Meet at SF international airport
TBD	Flight departs for Milan Italy

Thursday June 4<sup>th</sup> 2020

TBD	<p>Arrive at Milano International Airport</p> <p>Pick up baggage, customs</p> <p>Take train from Milan airport to Reggio Emilia where Giacomo and GAST Staff will pick-up and take to apartment</p>
Check-in to rooms on arrival	<p>Check-in to housing</p> <p>Rest and dinner for those who would like it.</p>

Friday June 5<sup>th</sup> 2020

TBD	Orientation
TBD	Free time (visit local sites)
TBD	Dinner in Reggio Emilia
	Free time at House, early to bed

Saturday June 6<sup>th</sup> 2020

7:00- 8:00	Breakfast and walk to GAST Olympics
8:30-5:00	Volunteer at GAST Olympics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/7 Free Day. Catch up on sleep and prepare for camp	6/8 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/9 8:00-5:00 GAST Camp @ Castelnovo ne' Monti (dinner on own)	6/10 12:00-2:00 Lunch debriefing and planning	6/11 8:00-5:00 GAST Camp @ Parco Matildico (dinner on own)	6/12 Journal # 1 due	6/13

6/14	6/15 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/16 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/17 12:00-2:00 Lunch debriefing and planning	6/18 8:00-5:00 GAST Camp @ Parco Matildico (dinner on own)	6/19 Journal # 2 due	6/20 Optional cultural trip to Florence
6/21	6/22 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/23 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/24 12:00-2:00 Lunch debriefing and planning	6/25 8:00-5:00 GAST Camp @ Parco Matildico (dinner on own)	6/26 Journal # 3 due	6/27 All Day GAST Camp excursion to Rimini
6/28	6/29 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	6/30 8:00-5:00 GAST Camp @Castelnovo ne' Monti (dinner on own)	7/1 12:00-2:00 Lunch debriefing and planning	7/2 8:00-5:00 GAST Camp @ Parco Matildico Last night celebration!	7/3  *Final journal due	7/4  Fly Home